**Head/Neck:**

Frontalis

 Temporalis

 Occipitalis

 Orbicularis Oculi

 Zygomaticus

 Masseter

 Orbicularis Oris

 Sternocleidomastoid

 Platysma

 Buccinator

**Back:**

Trapezius

 Teres Minor

 Teres Major

 Infraspinatus

 Rhomboid

 Latissimus Dorsi

**Arm:**

Deltoid

 Triceps Brachii

 Biceps Brachii

 Brachialis

 Brachioradialis

**Chest/Abdomen:**

Pectoralis Major

 Serratus Anterior

 Rectus Abdominis

 External Oblique

**Leg:**

Tensor Fasciae Latae

 Sartorius

 Rectus Femoris

 Vastus Lateralis

 Vastus Medialis

 Biceps Femoris

 Semitendinosus

 Gastrocnemius

 Fibularis Longus

 Tibialis Anterior

 Calcaneal Tendon