**Head/Neck:**

Frontalis

Temporalis

Occipitalis

Orbicularis Oculi

Zygomaticus

Masseter

Orbicularis Oris

Sternocleidomastoid

Platysma

Buccinator

**Back:**

Trapezius

Teres Minor

Teres Major

Infraspinatus

Rhomboid

Latissimus Dorsi

**Arm:**

Deltoid

Triceps Brachii

Biceps Brachii

Brachialis

Brachioradialis

**Chest/Abdomen:**

Pectoralis Major

Serratus Anterior

Rectus Abdominis

External Oblique

**Leg:**

Tensor Fasciae Latae

Sartorius

Rectus Femoris

Vastus Lateralis

Vastus Medialis

Biceps Femoris

Semitendinosus

Gastrocnemius

Fibularis Longus

Tibialis Anterior

Calcaneal Tendon